

# Easton Recreation Department

Proudly Presents....

## Early Winter 2019



## November & December

*Programs for ALL Ages*

# Information

**\*Program ages are determined by grade in during the 2019-2020 school year\***

## Program Times

- It is essential parents know the time programs begin & end so arrangements are made to have the child picked up on schedule.
- We do our absolute best to adhere to bus schedules; however, road conditions, sick children, etc. are out of our control. If we are running more than 15 minutes late, you will be contacted.
- Only a few programs require registration at this time. If you need to register, please email [recreation@eastonme.com](mailto:recreation@eastonme.com) and drop payment off at the Easton Town Office prior to the start of program unless other arrangements have been made. Please make checks payable to the Town of Easton.



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***Easton Recreation  
Department & Community***

## Easton Recreation Department

PO Box 127

Easton, ME 04740

Email:

[recreation@eastonme.com](mailto:recreation@eastonme.com)

Office phone: 488-6601

Hillary's phone: 551-7737

Website: [eastonme.com](http://eastonme.com)

## Discipline

If your child misbehaves or is not listening to our staff or parent volunteers while participating in any program, the following actions will be taken:

1st Warning - Verbal warning & director/staff will be notified.

2nd Warning - Child will be removed from activity for the remainder of the day.

3rd Warning - Parent will be notified & the child may not participate in the next scheduled day of that program. If a child is suspended from a program more than once, they may not participate for the remainder of the season!

**Remind child(ren) to treat staff, other children,  
& parents with respect at all times!**

# After-School Activities

**Date:** Tuesday, November 5th

**Time:** 2:45-4:15PM

**Cost:** FREE

**Where:** The Recreation Center

**Who:** Girls completed Grade one and up

**Details:** Girls may bring nail polish, hair accessories, make-up etc. Please be sure your daughter has her own brush/comb; they will not be allowed to share! Snacks, of course!



Girls Days

**Date:** Tuesday, November 12th

**Time:** 2:45-4:15PM

**Cost:** FREE

**Where:** The Recreation Center

**Who:** Boys completed Grade one and up

**Details:** Boys are welcome to bring trucks, blocks, super heroes, and any other favorite toys as long as they are willing to share! :) Snacks provided.



Boys Day

**Date:** Tuesday, November 19th

**Time:** 2:45-4:15PM

**Cost:** FREE

**Where:** The Recreation Center

**Who:** Completed Grade one and up

**Details:** Our kiddos are told what to do all day long, so this afternoon they get to choose (within reason :) ). They are welcome to bring favorite toys, as long as they are willing to share! Snacks too!



"Come & Play"

**Date:** Tuesday, December 10th

**Time:** 2:45-4:00PM

**Cost:** FREE

**Where:** The Recreation Center

**Who:** Completed Grade one and up

**Details:** Children will get a chance to design and decorate their own Christmas décor & bring it home to share with the family! Christmas treats!



Wreath Decorating



# Early Release Trips



Movie Theatre

**When:** Monday, November 25th

**Cost:** \$6.00 (includes ticket, popcorn & soda)

**Depart:** from EES @ 12:00

**Pick-up:** At the **Elementary School** at 3:15PM

**Details:** Movie showing at the Caribou Theatre starting at 12:45. Show title will be available closer to event. Concessions will be available for additional items. Open to **first** grade and up. Please be sure to send a note for your classroom teacher. Don't wait until the end of the day to call the school.



Archery Tag

**When:** Tuesday, November 26th

**Cost:** FREE    **Depart:** from EES @ 12:00

**Pick-up:** At the **Elementary School** at 3:45PM

**Details:** You can dodge a ball, but can you dodge an arrow? Played with dodge ball rule, Archery Tag™ is a safe, fast paced game that is fun for all ages! Step away from the norm and be ready to jump, dodge, and shoot! Open to **third** grade and up. Please pre-register by emailing [recreation@eastonme.com](mailto:recreation@eastonme.com) and be sure to send a note for your classroom teacher. Don't wait until the end of the day to call the school. Sneakers & water bottle required! Must have 6 signed up to take the bus!



Christmas Movie

**When:** Friday, December 20th

**Cost:** \$6.00 (includes ticket, popcorn & soda)

**Depart:** from EES @ 12:00

**Pick-up:** At the **Elementary School** at 3:15PM

**Details:** Movie showing at the Caribou Theatre starting at 12:45. Show title will be available closer to event. Concessions will be available for additional items. Open to **first** grade and up. Please be sure to send a note for your classroom teacher. Don't wait until the end of the day to call school.

# Kids Yoga & Karate Classes

## Kids Yoga

This isn't your traditional Yoga class...Children's yoga is a different way to learn about the body. We will stretch, strengthen, gain flexibility, and balance through short, age-appropriate activities, as well as learn how to calm our bodies, breath, and mind. Yoga has shown to improve concentration, memory, attention, problem-solving, and decision-making...all terrific skills needed for learning. Relaxation is just as important as exercise and we will learn these concepts and more, all by having fun!



Remaining classes will be held on Mondays, November 4 and November 18th (no class on 11/11) at the Rec. The pro-rated cost is \$10. Classes will take place at the Rec. until 4:15 PM. Children must have a note to attend from school. Open to Kindergarten and up. Class is instructed by Julie French.

## Karate Class

Classes will be held on Mondays, December 2nd, 9th, 16th at the Recreation Center. Classes will take place until 4:15 PM. The cost is \$10 for all 3 weeks! Children must have a note to attend from school. Open to Grade one and up. Must have 8 enrolled to offer. To-Shin Do® is based on ancient warrior disciplines. At the same time, theirs is a modern approach to handling today's threats. Dress in comfortable clothes to easily move. Taught by Brett Varnum.



# Sweat Shirts for Sale

It's that time of year that folks start looking for sweatshirts for warmth, and as Christmas gifts! We will have the traditional Easton Bear on Royal Blue available in 3 styles cotton crew neck, cotton hoodie & polyester hoodie (similar to Under Armour).



New this year we will be ordering sweatshirts with "Easton Recreation" on teal. It will be nice to have a long-sleeve, warmer option when we wear these through the winter months for recreation trips!

Order will be placed on Friday, November 15th and will be available for pick-up starting December 16. Pre-payment is not required, but please remember you must pick up by December 20th! Thanks for your cooperation!

**Cotton Crew: \$20.00**

**Cotton Royal Hoodie: \$26.00**

**Polyester Hoodie: \$32.00**

**Teal Hoodie: \$26.00**

**Name on Back: \$5.00**

Sizing Chart  
Youth X-Small 4-6  
*(blue only)*  
Youth Small 6-8  
Youth Medium 10-12  
Youth Large 14-16  
Adult Small  
Adult Medium  
Adult Large  
Adult X-Large





# Christmas Gifts / Good News Club



## Christmas Gift Making

For the last several years the children have been making gifts for the special people in their lives (parents, teacher, siblings, grandparents, etc) and bringing them home wrapped up and ready to go under the tree. This year we will be running this program again. Children must be signed up in advance and will be assigned a date to attend. (Please note children only come to one of the dates; at that time they will make all their gifts). This program is limited to the first 30 participants. There is no fee, but parents will be asked to help with supplies. To register you must e-mail ASAP. Your child will be assigned one of the following dates: December 17 or December 18. This program will take place at the Rec. until 4:30 (please notice the change in time from regular programs)! Don't forget to email Hillary to sign your child up no later than December 6; first come, first serve!

We had such a good time with Friends Camp, we want to keep the fun continuing. Good News Club is affiliated with Child Evangelism Fellowship. Each afternoon of Club, we will have an exciting time of games, snacks, songs, and Bible stories.

Theme for this six-week program is "Be Strong". We will learn about how Daniel and his friends chose to "be strong" when faced with tough choices.

Club will meet each Thursday from November 7th through December 19th (no class on 11/28) after-school until 4:15 at the Rec. Center. On the sixth week of club we will celebrate with a Christmas party. Come join in the fun!

Open to grade 1 & up! Please email [recreation@eastonme.com](mailto:recreation@eastonme.com) so we can know how many to prepare for.



Good News Club

# Christmas Vacation Week



## Roller Skating

**When:** Friday, December 27

**Depart:** 9:00AM (from the Rec. Center)

**Return:** 12:40PM (to the Rec. Center)

**Cost:** \$6 includes skating and rentals; please send exact change on day of trip!

**Details:** Lots of fun at Melody Roller Rink! The music will be jamming and you may choose from roller skates or roller blades. Concessions will be available for several items. Please WEAR HIGH SOCKS! Grades **one** and up, unless accompanied by an adult.

**When:** Monday, December 30th

**Depart:** 11:30AM (from the Rec. Center)

**Return:** 3:30PM to the Rec

**Cost:** \$15 includes tubing, pizza and soda; please send \$ on day of trip.

**Details:** Big Rock Mountain is the place to be. We will enjoy the three lanes on the tubing hill, hot pizza, and soda! Additional concessions available. Parents, if you have the day off please join us, it's always a fun one! *Weather & conditions permitting.* Grades **two** and up unless accompanied by an adult.



## Snow Tubing & Pizza



## Ice-Skating & Pizza Hut Buffet

**When:** Tuesday, December 31st

**Depart:** 9:15AM (from the Rec.)

**Return:** 12:45PM (to the Rec)

**Cost:** \$14.00 - includes skating, rentals & unlimited lunch buffet and fountain soda.

**Details:** Another seasonal favorite... ice-skating at The Forum in PI. Ice-skates will be included. After we've worked up an appetite, we'll head to Pizza Hut for the hot pizza, pasta, breadstick, & salad buffet. Grades **one** & up unless accompanied.



# Never Too Old to Recreate



## Halloween House

**Date:** Friday, November 1

**Time:** 10:45 carpool from Manor (MH @ 11)

**Where:** County Bakery & Grill & Kim Finnemore House on Bowers Road

**Details:** We will enjoy lunch & then visit Kim's for dessert and a tour of her amazingly decorated Halloween house!



## Nutrition Classes

**Date:** Mondays; 11/4, 11/25 & 12/2

**Time:** 11:00AM

**Where:** Recreation Room at the Manor

**Details:** Excited to have Madeline Delaney, SNAP-Ed Nutrition Educator join us for a 4-class series. She is covering the Northern & Central Aroostook County Area as a Pines Health employee.



## Thanksgiving Dinner

**Dates:** Thursday, November 7th @ 12:45PM

**Cost:** Free for Easton Residents

**Where:** Easton Elementary School Cafeteria

**Details:** The Easton School Department and the wonderful cafeteria staff invite you for a Thanksgiving meal.



## Lunch w/ Mike!

**Dates:** Fridays; 11/8, 11/15, 11/22 & 12/6 11:00AM

**Cost:** FREE

**Where:** Recreation Room at the Manor

**Details:** Mike has graciously agreed to be your chef extraordinaire. Come see what delicious recipes he cooks up for you. Bon appetite!



## Healthy Aging

**Dates:** Monday, November 18th @ 10:00AM

**Cost:** \$5 (includes meal, music, & speaker)

**Where:** Presque Isle Inn & Convention Center

**Details:** The President of Northern Light A.R. Gould Hospital, Greg LaFrancois, will be giving updates on the hospital and answering questions. Plan to carpool!

# Never Too Old to Recreate



Dinner @ Cafeteria

**Dates:** Thursday, December 5th @ 12:45  
**Cost:** Free for Easton Residents  
**Where:** Easton Elementary School Cafeteria  
**Details:** The Easton School Department and the wonderful cafeteria staff invite you for a Christmas meal.



Lunch & Wreaths

**Date:** Friday, December 13th @ 10:45  
**Cost:** Your Meal  
**Where:** Carpool from Manor Parking Lot  
**Details:** Lunch at Bonanza & then a tour of Whitney Wreath with the opportunity to decorate your own wreath!



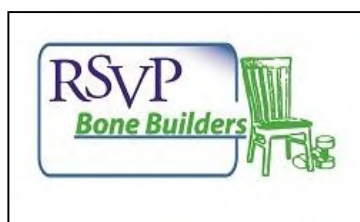
Fondue Party

**Date:** Monday, December 16th  
**Time:** 11:00AM  
**Where:** Recreation Room at Manor  
**Details:** If you haven't "fondued" before, you are in for a treat! There will be chicken, beef, shrimp, french bread, chocolate, fruit, cheese dip, and more!



Brunch & Swap

**Date:** Monday, December 23rd  
**Time:** 11:00AM  
**Where:** Recreation Room at Manor  
**Details:** Our Christmas brunch tradition continues. Please bring a small wrapped gift to exchange after brunch. This is always a fun time together prior to the craziness of the holiday!



Bone Builders

**Dates:** Monday & Friday each week  
**Time:** 9:45AM (No class on 11/18, 11/ 29 & 12/27)  
**Where:** Recreation Room at the Manor  
**Details:** A strength training, balance, & exercise program. To be successful, one should commit to attending twice a week for six months. Classes will increase muscle strength, balance, & bone density.

# November Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Bone Builders 9:45 Sr. CB&G & Halloween 10:45	2
3	4 Bone Builders 9:45 Sr. Program #2 of 4 11 Yoga 2:45-4:15	5 Election 8AM-8PM Girl's Day 2:45-4:15	6 NMCRA 9:30	7 Sr. Thanksgiving Meal 12:45 Club 3-4:15	8 Bone Builders 9:45 Lunch w/ Mike 11	9
10	11 holiday Bone Builders 9:45 No Recreation Activities & Town Office Closed	12 Boys Day 2:45-4:15	13	14 Happy Days 11:30 Club 3-4:15	15 sweatshirt orders due Bone Builders 9:45 Lunch w/ Mike 11	16
17	18 No Bone Builders Healthy Aging 10 Yoga 2:45-4:15	19 Come & Play 2:45-4:15	20	21 Club 3-4:15	22 Bone Builders 9:45 Lunch w/ Mike 11	23
24	25 (early release) Bone Builders 9:45 Sr. Program #3 of 4 11 Movie trip 12-3:15 \$6(return to EES)	26 (early release) Archery Tag 12-3:45 (return to EES)	27 (no school)	28 holiday No Recreation Activities & Town Office Closed	29 holiday No Recreation Activities & Town Office Closed	30



# December Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Bone Builders 9:45 Sr. Program #4 of 4 11 Karate 3-4:15	3	4	5 Sr. Christmas Meal @ School 12:45 Club 3-4:15	6 Bone Builders 9:45 Lunch w/ Mike 11	7
8	9 Bone Builders 9:45 Karate 3-4:15	10 Wreath Decorating 2:45-4	11 <i>NMCRA 9:30</i>	12 Happy Days 11:30 Club 3-4:15	13 Bone Builders 9:45 Wreath Tour & Lunch 10:45	14
15	16 *sweatshirt pickup Bone Builders 9:45 Sr. Fondue Party 11 Karate 3-4:15	17 *sweatshirt pickup Christmas Gifts 3-4:30	18 *sweatshirt pickup Christmas Gifts 3-4:30	19 *sweatshirt pickup Club Party 3-4:15	20 (early release) Bone Builders 9:45 Caribou Theatre \$6 (12-3:15)	21
22	23 (no school) Bone Builders 9:45 Sr. Christmas Brunch 11	24 (no school)	25 holiday <i>No Recreation Activities &amp; Town Office Closed</i>	26 (no school) Happy Days 11:30 ?	27 (no school) <i>No Bone Builders Roller-Skating 9-12:40 (\$6)</i>	28
29	30 (no school) Snow Tubing 11:30-3:30 \$15	31 (no school) Ice-skating/ Pizza Hut 9:15-12:45 \$14				