

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Sr. Meal @ Wesleyan Church 11:30/12 Festive Cooking 3-4 Zumba 6:30	2 Bone Builders 9:45	3
4	5 Bone Builders 9:45 Sr. Nutrition 11 Kids Yoga 3-4:15 Zumba 6:30	6 Election Day 8-8 "Come & Play" 2:45-4	7 NMCRA	8 MRPA Sr. Thanksgiving @ School 12:30 Festive Cooking 3-4 Zumba 6:30	9 Veteran's Program @ HS 8:30/9 Bone Builders 9:45	10
11	12 holiday Bone Builders 9:45 Zumba 6:30	13 Healthy Aging-PICC 9:45/10:30 "Come & Play" 2:45-4	14	15 Hayden Family Meal 11:30 Festive Cooking 3-4 Zumba 6:30	16 Bone Builders 9:45 Sr. Game Day 11	17
18	19 1/2 day school Bone Builders 9:45 Movie trip 12-3:30 (\$6)	20 1/2 day school Swim Trip 12-2:45 (\$3)	21	22 holiday Happy Thanksgiving	23 holiday No Bone Builders	24
25	26 Bone Builders 9:45 Cheerleading 2:45-4	27 "Come & Play" 2:45-4	28	29 Cheerleading 2:45-4 Festive Cooking 3-4	30 Bone Builders 9:45	