

# EASTON RECREATION DEPARTMENT

## ADULT HAPPENINGS

May 2018



### MONTHLY ACTIVITIES

ALL EVENTS ARE HELD IN THE REC. ROOM AT THE MANOR

**Friday, May 4** - Come enjoy a baked potato bar and fill-your-own potato with your favorite toppings for lunch. 11:15 (\$3)

**Monday, May 7**- Nutrition Class we'll be celebrating Cinco de Mayo with tacos and corn bread. 11AM (\$3)

**Thursday, May 10** - Happy Days will meet at 11:30 in the Recreation Room at the Manor.

**Friday, May 11** - Pamper Day

This is sure to be a special treat; our 11th annual event. Come relax & enjoy! Lunch will be served. There will be chair massages, nail painting, hand wax dip, foot baths and more! We will have special guests you'll want to see this day :)

**Monday, May 14** - Nutrition Class we'll be celebrating "dance like a chicken day", with Chicken Caesar salad wraps. 11AM (\$3)

**Tuesday, May 15** - Aging Well & Living Well Expo; requires pre-registration.

For complete program see Hillary or contact TAMC.

**Thursday, May 17** - Bus trip; we'll be visiting the Loring Military Heritage Center with lunch on the way. Loring is a place near and dear to our hearts. Many loved Loring when it was operable. It was a city within itself. The bus will leave the Manor at 9:45. Participants are responsible for their own lunch.

**Friday, May 18** - Game Day; please bring a bag lunch. 11:15 (free)

**Monday, May 21** - No nutrition class!

**Thursday, May 24** - Happy Days will meet at 11:30 in the Recreation Room at the Manor.

**Friday, May 25** - Summer is right around the corner so let's celebrate with a hotdog roast and more. Starting at 11:15; the cost is \$3.

**Monday, May 28** - Memorial Day; No Program & Town Office Closed