

**Easton  
Recreation  
Department**

# Senior Happenings

**April  
2018**



## **Reminders & Upcoming Activities**

Election Day  
Monday, April 2  
from 9:00-6:30

Please refer to calendar on back to see which days Bone Builders is meeting this month!

## Daily Events & Field Trip

Thursday, April 5 - Annual excursion to in Florenceville, NB to the **Sugar Moon Cookhouse**. It will include an all-you-can-eat breakfast (for lunch) including pancakes, eggs, bacon, sausage, baked beans, coffee, juice & tea. . You must have either your passport/passport card or a drivers license **and** birth certificate to cross the border. Bus leaves at 9:30.

Monday, April 9 - **Healthy Aging** at Presque Isle Inn & Convention Center! There will be musical entertainment, a panel discussion with PIPD, TAMC & AMHC on drugs, and lunch; all for the low cost of \$5. PIPD will be collecting unused medications to dispose of properly. Carpool from Manor at 9:45. If you

haven't joined us yet please give it a shot.

Thursday, April 12 - **Happy Days** meeting at 10:45 with musical entertainment by Bill Deschaine.

Friday, April 13 - Did you know April 12th is **Grill Cheese Sandwich day**. People have been consuming this popular sandwich back to Ancient times and it changed in the 1920's when sliced bread was created. Bet you can't guess what we are having :) The cost is \$3. 11:15

Thursday, April 26 - **Happy Days** meeting at 11:30.

Friday, April 27 - If National **Prime Rib Day** gets your mouth watering, & starts you drooling then you should join us! Cost is \$3. 11:15

## Nutrition Class

We will be continuing our nutrition classes on Mondays. Please note our sporadic schedule this month. Please bring \$3 towards the cost of groceries.

- **April 2, 9 & 18** - No classes; election day, Healthy Aging & Holiday
- **April 23** - Sheppard's Pie
- **April 30** - Crustless Quiche

