

**Easton  
Recreation  
Department**

# Senior Happenings

**April  
2016**

## Daily Events & Field Trip

### Upcoming Activities

**Coming in May  
we'll be having  
our Annual  
Pamper Day!**

Thursday, April 7 - Field trip to Canada to enjoy an "all you can eat breakfast" at lunch time **Sugar Moon**

**Cookhouse** & maple taffy! Participants are responsible for their own meal. Passport or birth certificate & photo id required! Bus departs @ 9:45 from the Manor.



She'll present on Super Foods. Lunch will be served following program for a cost of \$3. 11AM sharp

Thursday, April 28 - **Happy Days** meeting at 11:30.

Friday, April 29 - **Spring Cleaning** Please join us while we spiffy up our recreation room. I will

serve you breakfast for lunch in exchange for a hand with some light cleaning. Remember many hands make light work. 11:15 (FREE)

Friday, April 8 - **Game Day**; please bring a bag lunch. 11:15

Friday, April 15 - **Area on Aging** Cara is coming back!

## Nutrition Class

We will be continuing our nutrition classes on Mondays. During the coming month we will be making Fast Favorites in 30 Minutes or Less. Please bring \$3 towards the cost of groceries.

**April 4** - Cabbage Beef Soup

**April 11** - Taco Pasta Salad

**April 18** - No class; holiday

**April 25** - Pasta Deli Salad