



Recreation News

Little Bears Basketball

Little Bears 1st & 2nd grade team will begin practices most Fridays in January & February starting the 8th of this month from 2:45-3:45 (no practice 1/15 due to early release). All practices will be held in the Elementary School Gym. Please be sure your child has gym sneakers and a water-bottle. We hope to have a few scrimmages and to put on a "demo" at half-time of a varsity game in February.

Little Bears 3rd & 4th grade team will resume practices in January. All

practices will be held in the Elementary School Gym. Please be sure your child has gym sneakers and a water-bottle. We will play Ashland on Tuesday, January 5th at home & the 12th at Ashland Rec (old Elementary School). On Wednesday, January 6th, we'll take on Washburn at home & travel there on Thursday the 14th. See calendar for times. Games will also be scheduled in February with Limestone.



Cheerleading

The cheerleaders start practice on Wednesday, January 6th. The girls practice every Wednesday afternoon from 3 to 4 PM at the Elementary School. The girls will be cheering at the home 5th & 6th grade games. A complete schedule will be distributed as soon as it is finalized.

PLEASE EMAIL ASAP IF YOUR CHILD IS PARTICIPATING IN ANY OF THE ABOVE EVENTS. CHILDREN CAN CHEER & PLAY BALL, THEY



Hoop Shoot Winners Announced

During the month of December children in grades 3-8 competed in the Elk's Hoop Shoot contest. The competition involved making as many foul shots as possible. The winners qualified for

the regional competition at UMPI at Weiden Hall on Saturday, January 9 at 9 AM. Trophies were awarded to the winners the day before Christmas Break during the all-school assembly. This

year's winners were: 8-9 age group Grace Ellis & Mason Adams; 10-11 age group Cheyanne Day & Ben Currier; 12-13 Lydia Ferris & Camden Michaud. Great job everyone!

Easton Recreation

January

2016

After-School Activities

Cooking with Miss Chris continues each Monday in January at the Hall from after-school until 4:15. We will meet on January 4th, 11th & 25th.

There will be a movie day at the Hall on Thursday, January 7th after-school until 4:15.

Please remember to send notes for all after-school activities; even basketball/cheerleading!



RIPPED for Kids Series Coming to Easton Rec.

Excited to announce we are kicking off the new year with a new exercise program. The program will run Thursday afternoons from 3-4 at the Hall starting Jan. 14 through Feb. 18 (6 sessions). The cost is \$25 and we must have a minimum of 10 participants to run the program. Please register ASAP. Children must wear sneakers & clothes allowing easy movement.

Stephanie McKeen of Arya Wellness will be offering the program.

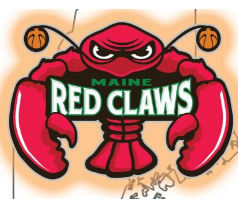


What is R.I.P.P.E.D 4 Kids?

The goal is to educate children and provide an inclusive exercise environment in order to increase their motor, cognitive & affective development. We have a "Captain's Code" which is a creed, of sorts, for children to learn and master as they achieve their physical successes. *The Captains Code Respect. Integrity. Positivity. Perseverance.*

Hot Shots

The Maine Recreation & Parks Association/Red Claws Hot



Shot competition is a basketball skill competition for youth 9-15 years of age. It involves

shooting from five "hot spots" marked on one end of the basketball court. This competition will test each contestant's speed, shooting, dribbling & rebounding ability. We will be participating in this contest over the next several weeks

in gym classes. Division winners will advance to the Regional Competition then advance to the M.R.P.A Red Claws State Hot Shot Competition. Participants at the State level compete for first place and runner-up awards.

5th & 6th Co-Ed Basketball

It took us a while but we have secured enough players and coaches for the fifth and sixth grade bball team!

Practices will be held most Wednesday from 2:45-4 at the Elementary School Gym

starting January 13th.

Hillary will start scheduling games this week and get a complete schedule out to everyone as soon as possible.

